





# 5 KM Trappenmarathon

5 oktober 2019

Pl	Pl. Cat.	Bib	Naam	Gemeente	Startgroep	Categorie	Bruto	Snelste ronde	1KM	2KM	3KM	4KM	5KM
141	60	1364	Ad Jacobs	Geleen	5KM 13u.	Man	<b>01:19:02</b>	00:14:57	00:15:13	00:14:57	00:16:09	00:16:50	00:15:55
142	61	1434	Frans Kil	Ravenstein	5KM 14u.	Man	<b>01:19:24</b>	00:14:20	00:14:20	00:14:34	00:15:39	00:16:09	00:18:44
143	82	1392	Kayleigh Pellerei	Heerlen	5KM 13u.	Vrouw	<b>01:20:42</b>	00:13:08	00:13:08	00:17:01	00:16:49	00:17:43	00:16:02
144	83	1302	Sandra Van vliet	Uithoorn	5KM 13u.	Vrouw	<b>01:22:18</b>	00:11:59	00:11:59	00:18:10	00:17:15	00:16:22	00:18:34
145	84	1393	Milou Jaspers	Heerlen	5KM 13u.	Vrouw	<b>01:22:43</b>	00:13:33	00:13:33	00:16:32	00:18:03	00:16:55	00:17:43
146	85	1436	Nicole Haan-Thissen	Hoensbroek	5KM 14u.	Vrouw	<b>01:23:00</b>	00:15:16	00:15:16	00:16:40	00:16:57	00:17:11	00:16:58
147	62	1435	Henk Derks	Ravenstein	5KM 14u.	Man	<b>01:50:00</b>	00:22:00	00:22:00	00:22:00	00:22:00	00:22:00	00:22:00
148	63	1446	Mario Bos	Nijmegen	5KM 14u.	Man	<b>01:50:00</b>	00:22:00	00:22:00	00:22:00	00:22:00	00:22:00	00:22:00
149	86	1300	Ramona van Kesteren	Schiedam	5KM 13u.	Vrouw	<b>01:54:08</b>	00:17:01	00:17:01	00:24:06	00:23:47	00:25:14	00:24:03
150	87	1408	Nicole Velzen van	Landgraaf	5KM 14u.	Vrouw	<b>02:01:44</b>	00:15:32	00:15:32	00:19:52	00:41:45	00:21:44	00:22:53
151	64	1407	Fijol Vankan	Landgraaf	5KM 14u.	Man	<b>02:01:45</b>	00:15:34	00:15:34	00:19:48	00:41:48	00:21:41	00:22:55
152	65	1385	Gerard van Honk		5KM 13u.	Man	<b>02:15:41</b>	00:15:18	00:15:18	00:20:28	00:26:49	00:37:19	00:35:48
153	66	1473	Vervuren	Landgraaf	5KM 13u.	Man	<b>02:17:39</b>	00:23:16	00:24:00	00:23:16	00:25:38	00:27:11	00:37:37
		1465	Rowan Nuij	Brunssum	5KM 14u.	Vrouw		00:01:55	00:01:55	00:04:00			
		1484	Lotte Van de pol	Weert	5KM 14u.	Vrouw		00:05:58	00:05:58				
		1467	Wendy Hoekstra	Heerlen	5KM 14u.	Vrouw		00:06:23	00:06:23				