



Datum: zo 15 december 2019

GPS afstand: 4,5

Pl	Pl. Cat.	Bib	Naam	Gemeente	Categorie	Bruto	Gem. Snelh.	Min. KM
1	1	84	Vanwinckel Mitch	Brecht	HS	00:14:02	19,2	00:03:07
2	1	87	Mehta Rohan	Wilrijk	H15	00:14:18	18,9	00:03:11
3	2	418	Kennis Kevin	BELL	HS	00:14:39	18,4	00:03:15
4	3	45	Smulders Stijn	Muizen	HS	00:15:04	17,9	00:03:21
5	4	433	Coppens Bart	BEGOSPORT	HS	00:15:05	17,9	00:03:21
6	1	83	Min Axel	Lier	H14	00:16:12	16,7	00:03:36
7	1	437	Van de Water Nico	TOL	H45	00:16:17	16,6	00:03:37
8	1	41	Op de beek Jurgen	Merksem	H40	00:16:21	16,5	00:03:38
9	1	423	Van Damme Guy	KBC	H55	00:16:49	16,1	00:03:44
10	1	81	Schelfhout Katrien	Lier	DS	00:16:55	16,0	00:03:46
11	2	438	Van de Vreken Luc	BELFIUS/HARIBO	H55	00:16:55	16,0	00:03:46
12	3	442	Roelandt Patrick	KBC	H55	00:17:18	15,6	00:03:51
13	1	429	Geudens Jan	TOL	H60	00:17:28	15,5	00:03:53
15	2	85	De Paradé Larissa	Kruikebeke	DS	00:17:43	15,2	00:03:56
14	2	99	Stander François	Edegem	H45	00:17:43	15,2	00:03:56
16	2	427	Oomen Eddy	SODIPA	H60	00:17:49	15,2	00:03:58
17	2	98	Stander Louis	Edegem	H14	00:17:57	15,0	00:03:59
18	1	92	Van Acker Bjorn	Wommelgem	H35	00:17:58	15,0	00:04:00
19	1	441	Peeters Karen	BEGOSPORT	D50	00:18:01	15,0	00:04:00
20	4	440	Storms Alex	BEGOSPORT	H55	00:18:02	15,0	00:04:00
21	1	422	Claessens Jozef	KBC	H70	00:18:12	14,8	00:04:03
22	3	40	Merckx Kim	Borsbeek	DS	00:18:28	14,6	00:04:06
23	2	79	Thijs Jurgen	Broechem	H40	00:18:29	14,6	00:04:06
24	5	90	Engels Sander	Borgerhout	HS	00:18:42	14,4	00:04:09
25	5	35	Evangelisti Carlo	Hoboken	H55	00:18:47	14,4	00:04:10
26	1	86	Caers Paul	Mortsel	H50	00:18:50	14,3	00:04:11
27	1	434	Schelfaut Katleen	KBC	D45	00:18:55	14,3	00:04:12
28	6	91	Verdoodt Erik	Londerzeel	HS	00:19:22	13,9	00:04:18
29	1	419	Logist Yves	KBC	H65	00:19:30	13,8	00:04:20
30	2	93	Sijmus Wily	Keerbergen	H65	00:19:40	13,7	00:04:22
31	3	80	Bauwens Peter	Aartselaar	H45	00:19:41	13,7	00:04:22
32	4	414	Allison Elise	SODIPA	DS	00:20:01	13,5	00:04:27
33	1	47	Cassier Jolan	Wilrijk	H12	00:20:31	13,2	00:04:34
34	2	430	Leblon Jean	TOL	H70	00:21:44	12,4	00:04:50
35	2	424	Smet Sandrine	KBC	D50	00:22:03	12,2	00:04:54
36	3	413	Daniëls Ronny	BELFIUS/HARIBO	H60	00:22:20	12,1	00:04:58
37	1	436	Claes Judy	BEGOSPORT	D60	00:22:24	12,1	00:04:59
38	3	426	Hermans Jean	BEGOSPORT	H70	00:22:28	12,0	00:05:00
40	1	50	De Vuyst Christel	Hemiksem	D35	00:22:57	11,8	00:05:06
39	1	48	Vingherhoets Fleur	Hemiksem	M10	00:22:57	11,8	00:05:06
41	5	106	Verboven An	Kontich	DS	00:23:17	11,6	00:05:10
42	2	46	Cardeen Els	Wilrijk	D45	00:23:23	11,5	00:05:12
43	3	439	D'Haene Katie	BELFIUS/HARIBO	D45	00:23:23	11,5	00:05:12
45	6	36	Freire Laurie	Wilrijk	DS	00:23:59	11,3	00:05:20
44	2	37	Freire Michel	Wilrijk	H50	00:23:59	11,3	00:05:20
46	4	431	Faes Vic	BELFIUS/HARIBO	H70	00:24:07	11,2	00:05:22
47	7	33	Baete Kevin	Hemiksem	HS	00:24:24	11,1	00:05:25
48	4	435	Van Cappellen Dirk	BEGOSPORT	H60	00:24:43	10,9	00:05:30
49	3	421	Janssens Jacky	SODIPA	H65	00:24:46	10,9	00:05:30
50	5	82	Van Lier Stefan	Tremelo	H60	00:25:05	10,8	00:05:34
51	6	32	Baete Marc	Wilrijk	H60	00:25:08	10,7	00:05:35
52	7	39	Goeman Willy	Wilrijk	H60	00:25:08	10,7	00:05:35
53	1	432	Wiericx Lieve	SAS	D55	00:25:35	10,6	00:05:41
55	7	308	Craeye Elke	Gent	DS	00:25:36	10,5	00:05:41
54	2	109	Bocklandt Gilles	Gent	H35	00:25:36	10,5	00:05:41
56	6	417	Jacobs Gerd	BELFIUS/HARIBO	H55	00:25:52	10,4	00:05:45
57	1	96	Van Wauwe Greet	Hemiksem	D9	00:25:54	10,4	00:05:45



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58	2	97	Dorenbos Menice	Hemiksem	D35	00:25:55	10,4	00:05:46
59	1	428	Vermeulen Anna	BEGOSPORT	D75	00:25:58	10,4	00:05:46
60	7	38	Goeman Paul	Wilrijk	H55	00:26:00	10,4	00:05:47
61	3	95	Herygers Katrien	Wilrijk	D35	00:26:15	10,3	00:05:50
62	4	94	Vander Velpen Hanne	Wilrijk	D35	00:26:15	10,3	00:05:50
63	1	416	Bos Jos	BEGOSPORT	H75	00:26:17	10,3	00:05:50
64	3	49	Dons Stefaan	Boechout	H50	00:26:46	10,1	00:05:57
65	3	420	Van Campenhout Linda	BELFIUS/HARIBO	D50	00:27:05	10,0	00:06:01
66	8	42	Prooth Jolien	Turnhout	DS	00:27:30	9,8	00:06:07
67	9	88	De Meyst Astrid	Tielrode	DS	00:27:48	9,7	00:06:11
68	8	89	Geunes Arno	Rotselaar	HS	00:27:48	9,7	00:06:11
69	2	425	De Backer Ferdinand	BELL	H75	00:40:00	6,8	00:08:53
70	8	415	Meir Paul	BELL	H60	00:40:50	6,6	00:09:04