



Datum: zo 15 december 2019

GPS afstand: 7,5

Pl	Pl. Cat.	Bib	Naam	Gemeente	Categorie	Bruto	Gem. Snelh.	Min. KM
1	1	466	Janssens Sven	KBC	HS	00:24:07	18,7	00:03:13
2	2	187	De Bondt Jeff	Ruisbroek	HS	00:24:25	18,4	00:03:15
3	1	475	Torfs Jurgen	BEGOSPORT	H40	00:24:39	18,3	00:03:17
4	1	174	Casier Gino	ABES	H45	00:25:30	17,6	00:03:24
5	2	470	Leblon Michel	TOL	H40	00:25:31	17,6	00:03:24
6	1	463	Papanikitas Marc	BELL	H50	00:26:02	17,3	00:03:28
7	1	480	Van Damme Dimitri	SAS	H35	00:26:15	17,1	00:03:30
8	1	182	Nassam Kabi	Dour	DS	00:26:25	17,0	00:03:31
9	2	188	De Bondt Walter	Ruisbroek	H50	00:26:25	17,0	00:03:31
10	3	465	Kerremans Ben	BEGOSPORT	HS	00:27:17	16,5	00:03:38
11	4	166	Haemels Thomas	Wilrijk	HS	00:27:19	16,5	00:03:39
12	3	481	Verhoeven Tom	SAS	H40	00:27:29	16,4	00:03:40
13	2	179	Boesman Jan	Wilrijk	H35	00:27:47	16,2	00:03:42
14	2	471	Van Oytsel Pascal	SAS	H45	00:28:09	16,0	00:03:45
15	4	212	Vogt Christian	Wilrijk	H40	00:28:36	15,7	00:03:49
16	3	181	Gana Jean-Thierry	Audregnies	H50	00:28:43	15,7	00:03:50
17	1	216	Vanderschoot Bart	Antwerpen	H55	00:28:48	15,6	00:03:50
18	3	200	Cloos Tom	Ekeren	H35	00:28:51	15,6	00:03:51
19	4	184	Heymans Stefaan	Mechelen	H50	00:28:53	15,6	00:03:51
20	5	197	Wijns Frank	Wilrijk	H50	00:29:22	15,3	00:03:55
21	5	462	Claes Bjorn	BELFIUS/HARIBO	H40	00:29:29	15,3	00:03:56
22	5	140	Casaer Hendrik	Wilrijk	HS	00:29:37	15,2	00:03:57
23	1	185	Min Jari	Lier	H16	00:30:21	14,8	00:04:03
24	1	186	Theeuws Evi	Lier	D40	00:30:35	14,7	00:04:05
25	1	177	Van Stappen Greet	Wilrijk	D60	00:30:41	14,7	00:04:05
26	6	193	Engels Tin	Borgerhout	H40	00:30:55	14,6	00:04:07
27	1	473	Bongaerts Patricia	SODIPA	D50	00:31:26	14,3	00:04:11
28	6	192	Schoenmaekers Robi	Wilrijk	H50	00:31:47	14,2	00:04:14
29	6	168	Remy Michael	Wilrijk	HS	00:32:02	14,0	00:04:16
30	7	183	Heymans Filip	Duffel	H50	00:32:04	14,0	00:04:17
31	1	161	Van De Velde An	Hoboken	D45	00:32:13	14,0	00:04:18
32	4	157	van Leemputten Matz	Wilrijk	H35	00:32:26	13,9	00:04:19
33	3	194	Saracino Massimo	Antwerpen	H45	00:32:46	13,7	00:04:22
34	4	162	Vandezande Daniel	Hoeilaart	H45	00:32:51	13,7	00:04:23
35	5	205	Meeusen Wies	Antwerpen	H45	00:32:52	13,7	00:04:23
36	1	163	verhoeven An	Meise	D35	00:33:02	13,6	00:04:24
37	7	153	Somers Yannick	Boortmeerbeek	HS	00:33:02	13,6	00:04:24
38	8	176	Slootmakers Bregt	Antwerpen	H50	00:33:04	13,6	00:04:25
39	8	149	Maes Davy	Keerbergen	HS	00:33:04	13,6	00:04:25
40	2	474	Van Den Bosche Bart	BELL	H55	00:33:19	13,5	00:04:27
41	2	143	De Schrijver Evelyne	Antwerpen	DS	00:33:27	13,5	00:04:28
42	1	180	Dingemans Luke	Boom	H60	00:33:29	13,4	00:04:28
43	2	144	De Schryver Didier	Antwerpen	H60	00:33:43	13,3	00:04:30
44	9	173	Van Alsenoy Ivan	AVI	H50	00:33:52	13,3	00:04:31
45	1	195	Govaerts Johan	Edegem	H65	00:33:56	13,3	00:04:31
46	2	146	Dries Karin	Hoboken	D45	00:34:01	13,2	00:04:32
47	3	160	Vrints Bart	Deurne	H60	00:35:07	12,8	00:04:41
48	7	477	Leblon Michel	TOL	H40	00:35:08	12,8	00:04:41
49	10	151	Moerkerke Luc	Borgerhout	H50	00:35:10	12,8	00:04:41
50	4	202	Ceurstemont Marc	Puurs	H60	00:35:18	12,7	00:04:42
51	5	170	Schoenmaeckers Tim	Wilrijk	H35	00:35:22	12,7	00:04:43
52	3	217	Franssens Esther	Edegem	DS	00:35:38	12,6	00:04:45
53	11	147	Gehre Wouter	Borgerhout	H50	00:36:09	12,4	00:04:49
54	5	476	Vercauteren Daniël	SODIPA	H60	00:36:11	12,4	00:04:49
55	12	208	Meeuwissen Ben	Wilrijk	H50	00:36:18	12,4	00:04:50
56	8	145	Deblonde Sam	Wilrijk	H40	00:36:23	12,4	00:04:51
57	1	478	Apiecionek Vincenty	BELL	H70	00:36:27	12,3	00:04:52



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58	13	142	De Maeyer Jan	Wilrijk	H50	00:36:42	12,3	00:04:54
59	2	472	Van Camp Hugo	SODIPA	H65	00:36:52	12,2	00:04:55
60	4	201	Ceurstemont Miki	Puurs	DS	00:36:55	12,2	00:04:55
61	6	148	Lumbeeck Tom	Hoboken	H45	00:36:55	12,2	00:04:55
62	2	155	Van den Ouwelant Nancy	Edegem	D40	00:37:03	12,1	00:04:56
63	9	175	Vantichelen Nico	Wilrijk	H40	00:37:18	12,1	00:04:58
64	3	171	De Weerd Herman	Wilrijk	H55	00:37:33	12,0	00:05:00
65	1	468	Mattheyses Leentje	SODIPA	D55	00:38:12	11,8	00:05:06
66	14	214	Van Reyn Geert	Wilrijk	H50	00:38:20	11,7	00:05:07
67	4	461	Manise Dirk	BELFIUS/HARIBO	H55	00:38:55	11,6	00:05:11
68	15	167	Lauryssens Anton	Deurne	H50	00:38:58	11,5	00:05:12
69	3	172	Du Priez Katrien	Wilrijk	D40	00:39:17	11,5	00:05:14
70	3	191	Deprez Heidi	Berchem	D45	00:40:12	11,2	00:05:22
71	6	199	Vanleene Nico	Wilrijk	H35	00:40:22	11,1	00:05:23
72	9	189	Abbassi Anis	Antwerpen	HS	00:40:34	11,1	00:05:25
73	10	209	Bourbon Tim	Turnhout	HS	00:40:39	11,1	00:05:25
74	2	207	Van Dorselaer Claudine	Wilrijk	D50	00:41:16	10,9	00:05:30
75	6	206	Buys Manuel	Wilrijk	H60	00:41:16	10,9	00:05:30
76	7	210	Boucherie Nicolas	Lubbeek	H35	00:41:17	10,9	00:05:30
77	7	198	Van den Branden Patrick	Wilrijk	H60	00:41:31	10,8	00:05:32
78	16	165	Godelaine Filip	Brussel	H50	00:41:42	10,8	00:05:34
79	8	479	Ceulemans Chris	BELFIUS/HARIBO	H60	00:41:48	10,8	00:05:34
80	4	169	Rösler Cordula	Antwerpen	D45	00:42:17	10,6	00:05:38
81	4	190	Vanpellicom Sofie	Antwerpen	D40	00:42:32	10,6	00:05:40
82	2	220	Van Loock Daphne	Wilrijk	D35	00:42:41	10,5	00:05:41
83	3	464	Duré Wim	SAS	H65	00:43:18	10,4	00:05:46
84	17	221	Casaer Tom	Wilrijk	H50	00:43:19	10,4	00:05:47
85	3	196	De Doncker Kelly	Duffel	D35	00:43:27	10,4	00:05:48
86	4	467	Tijskens Wannas	SODIPA	H65	00:43:39	10,3	00:05:49
87	18	204	Steurs Dirk	Wilrijk	H50	00:43:50	10,3	00:05:51
88	2	158	Verberckmoes Linda	Antwerpen	D60	00:43:59	10,2	00:05:52
89	10	178	Roos Norman	Wilrijk	H40	00:44:57	10,0	00:06:00
90	5	218	Van der Jonckheyd Lisa	Mortsel	DS	00:47:17	9,5	00:06:18
91	5	150	Maes Katrien	Wilrijk	D40	00:48:33	9,3	00:06:28
92	11	139	Caers Robin	Wilrijk	HS	00:49:11	9,1	00:06:33
93	6	203	Vertenten Eveline	Wilrijk	DS	00:49:16	9,1	00:06:34
94	4	211	Boucherie Sarah	Meerbeek	D35	00:51:23	8,8	00:06:51
95	12	138	Boucherie Matthias	Wilrijk	HS	00:51:23	8,8	00:06:51
96	13	213	Van Reyn Remi	Wilrijk	HS	00:54:38	8,2	00:07:17
97	5	154	Strube Yvonne	Berchem	D45	00:59:47	7,5	00:07:58