

Trappenmarathon

Uitslag 21KM

Datum: za 12 september 2020 LANDGRAAF GPS afstand: 20,90

Pl	Pl. Cat.	Bib	Naam	Gemeente	Categorie	Netto	Gem. Snelh.	Min. KM	Ronde 1	Ronde 2	Ronde 3	Ronde 4	Ronde 5	Ronde 6	Ronde 7	Ronde 8	Ronde 9	Ronde 10	Ronde 11	Ronde 12	Ronde 13	Ronde 14	Ronde 15	Ronde 16	Ronde 17	Ronde 18	Ronde 19	Ronde 20	Ronde 21	Ronde 22	
1	1	186	Steven Janssen	Opoeteren	man	02:42:22	7,7	00:07:46	00:05:38	00:05:56	00:06:14	00:06:25	00:06:41	00:06:44	00:06:57	00:07:14	00:06:54	00:07:03	00:07:01	00:07:34	00:07:14	00:07:38	00:07:17	00:08:13	00:07:57	00:08:54	00:08:27	00:09:04	00:08:51	00:08:38	
2	2	179	Niels Helgers	Buchten	man	02:46:28	7,5	00:07:58	00:06:16	00:05:48	00:06:13	00:06:27	00:07:04	00:07:24	00:07:47	00:07:48	00:07:33	00:06:51	00:07:28	00:08:04	00:07:17	00:07:55	00:08:20	00:08:47	00:08:33	00:08:15	00:08:32	00:08:55	00:07:48	00:07:32	
3	3	177	David Duarte Silva	Zoetermeer	man	02:47:50	7,5	00:08:02	00:05:59	00:06:07	00:06:30	00:06:46	00:06:52	00:07:03	00:07:00	00:08:03	00:07:16	00:08:34	00:07:34	00:08:00	00:07:50	00:07:51	00:08:18	00:07:59	00:08:25	00:08:20	00:08:31	00:08:36	00:08:46	00:07:39	
4	4	203	W van de Ven	Montfort	man	02:47:56	7,5	00:08:02	00:06:57	00:06:59	00:07:01	00:07:03	00:07:21	00:07:29	00:07:22	00:07:39	00:07:25	00:07:17	00:07:03	00:07:28	00:07:32	00:07:29	00:07:49	00:07:42	00:08:02	00:08:13	00:08:18	00:08:31	00:08:37	00:08:48	
5	1	201	Wanda Sloos	Nieuwegein	vrouw	02:49:13	7,4	00:08:06	00:06:47	00:06:56	00:06:58	00:07:12	00:07:15	00:07:17	00:07:17	00:07:22	00:07:32	00:07:32	00:07:36	00:07:44	00:07:50	00:07:51	00:08:11	00:08:31	00:08:19	00:08:19	00:08:18	00:08:21	00:08:15	00:08:00	
6	5	182	Danny Huisman	Heerlen	man	02:51:30	7,3	00:08:12	00:06:22	00:06:30	00:06:44	00:06:47	00:06:58	00:06:58	00:07:24	00:07:08	00:07:18	00:07:10	00:07:43	00:08:07	00:07:47	00:08:53	00:08:28	00:09:01	00:09:38	00:08:38	00:08:47	00:08:57	00:08:33	00:07:46	
7	6	178	Johan Groothedde	Nijkerk	man	03:02:12	6,9	00:08:43	00:07:32	00:07:52	00:07:46	00:07:55	00:08:15	00:08:44	00:08:22	00:08:30	00:08:19	00:08:13	00:08:31	00:07:47	00:07:41	00:08:21	00:08:17	00:09:16	00:08:17	00:09:15	00:09:17	00:09:30	00:09:27	00:09:30	00:09:01
8	2	176	Saskia Dinjens	opoeteren	vrouw	03:11:54	6,5	00:09:11	00:07:08	00:07:44	00:08:13	00:07:52	00:08:09	00:08:47	00:08:24	00:08:41	00:08:34	00:08:27	00:08:44	00:08:50	00:08:52	00:09:03	00:09:16	00:09:20	00:09:15	00:09:17	00:09:30	00:09:27	00:09:30	00:09:01	
9	7	183	Jelko Huysmans	Leopoldsburg	man	03:17:20	6,4	00:09:27	00:07:08	00:07:33	00:07:49	00:07:41	00:07:40	00:07:51	00:08:22	00:07:52	00:08:00	00:07:51	00:08:07	00:08:08	00:09:09	00:09:34	00:08:56	00:09:31	00:09:40	00:14:16	00:11:32	00:11:00	00:11:09	00:08:40	
10	8	200	Alexander Schulpin	Aachen	man	03:18:29	6,3	00:09:30	00:07:40	00:08:00	00:08:09	00:08:05	00:08:36	00:08:20	00:08:14	00:08:37	00:08:23	00:08:32	00:08:36	00:09:11	00:08:41	00:09:12	00:09:13	00:09:39	00:09:52	00:10:06	00:10:14	00:10:42	00:10:24	00:10:13	
11	9	193	René Mock	Alsdorf	man	03:21:13	6,2	00:09:38	00:07:05	00:07:06	00:07:37	00:07:52	00:07:57	00:07:56	00:08:05	00:08:16	00:08:23	00:08:45	00:08:40	00:09:10	00:09:17	00:09:46	00:10:12	00:09:47	00:10:39	00:11:30	00:11:08	00:11:24	00:09:54	00:10:52	
12	10	188	Ben Junghans	Zülpich	man	03:21:40	6,2	00:09:39	00:07:35	00:08:03	00:08:25	00:08:47	00:08:24	00:08:28	00:09:01	00:08:51	00:08:49	00:09:39	00:09:00	00:09:13	00:09:35	00:09:07	00:09:19	00:09:36	00:09:18	00:09:53	00:10:39	00:10:34	00:10:08	00:09:26	
13	3	204	Lineke van der Sneppen	Breda	vrouw	03:22:22	6,2	00:09:41	00:09:10	00:08:58	00:08:56	00:08:59	00:08:56	00:08:50	00:09:00	00:08:52	00:08:52	00:08:44	00:08:55	00:09:11	00:08:55	00:09:21	00:09:04	00:09:26	00:09:36	00:09:45	00:09:51	00:09:44	00:09:56	00:09:32	
14	11	175	martin conijn	Hoogvliet Rotterdam	man	03:27:17	6,0	00:09:55	00:09:12	00:09:08	00:09:18	00:09:23	00:09:18	00:09:23	00:09:03	00:09:36	00:09:21	00:09:16	00:09:14	00:09:17	00:09:20	00:09:11	00:09:45	00:09:22	00:09:21	00:09:37	00:09:33	00:09:46	00:09:57	00:10:06	
15	4	189	Sanya Koster	Venlo	vrouw	03:28:09	6,0	00:09:58	00:07:45	00:08:11	00:08:25	00:08:39	00:08:41	00:09:05	00:09:34	00:08:55	00:08:58	00:09:15	00:09:02	00:10:03	00:10:00	00:09:59	00:09:58	00:09:55	00:10:27	00:10:25	00:10:46	00:10:20	00:10:11	00:09:47	
16	12	187	Pieter Joriskes	Bocholt	man	03:51:38	5,4	00:11:05	00:07:46	00:07:38	00:07:50	00:08:24	00:09:01	00:09:28	00:09:09	00:09:32	00:10:07	00:10:03	00:10:11	00:10:33	00:11:16	00:12:43	00:13:11	00:11:45	00:12:27	00:12:55	00:11:40	00:11:31	00:12:34	00:12:06	
17	13	197	Timon Padberg	Zevenaar	man	03:53:05	5,4	00:11:09	00:07:38	00:07:56	00:08:19	00:08:25	00:08:35	00:09:10	00:08:44	00:08:51	00:09:40	00:09:21	00:10:35	00:10:02	00:10:58	00:11:08	00:10:50	00:12:48	00:12:34	00:13:39	00:14:19	00:12:53	00:13:37	00:13:13	
18	14	180	Johan Hermans	Lanaken	man	03:55:02	5,3	00:11:15	00:09:32	00:09:13	00:10:15	00:09:50	00:10:34	00:09:55	00:09:56	00:10:51	00:09:53	00:10:09	00:10:49	00:10:26	00:11:32	00:10:23	00:10:41	00:11:59	00:11:49	00:11:51	00:11:49	00:11:08	00:11:44	00:10:55	
19	15	209	Geert-Jan Verduijn	Millingen aan de Rijn	man	03:55:58	5,3	00:11:17	00:06:56	00:07:42	00:08:26	00:08:44	00:08:52	00:09:08	00:09:09	00:09:46	00:10:06	00:09:48	00:10:02	00:10:53	00:10:50	00:12:16	00:13:06	00:13:06	00:13:06	00:13:02	00:12:31	00:12:47	00:13:12	00:12:40	
20	16	198	Robert Samuels	Isselstein	man	04:01:20	5,2	00:11:33	00:08:37	00:08:28	00:08:35	00:09:03	00:09:03	00:09:13	00:09:00	00:09:01	00:09:23	00:09:13	00:09:54	00:10:07	00:10:17	00:11:06	00:11:52	00:11:42	00:12:55	00:12:30	00:14:04	00:14:33	00:16:32	00:16:23	
21	17	210	Terry Verduijn	Millingen aan de Rijn	man	04:04:27	5,1	00:11:42	00:06:44	00:07:57	00:08:30	00:09:07	00:09:48	00:09:18	00:10:11	00:10:11	00:10:53	00:10:40	00:10:59	00:10:47	00:12:12	00:12:07	00:12:23	00:13:12	00:12:50	00:12:57	00:14:03	00:13:46	00:13:10	00:12:52	
22	18	207	Martin van Riesen	Hoogeveen	man	04:05:46	5,1	00:11:46	00:08:14	00:08:54	00:09:11	00:09:40	00:09:25	00:09:46	00:09:43	00:10:09	00:10:14	00:10:25	00:10:37	00:10:54	00:11:33	00:13:21	00:12:35	00:12:39	00:12:58	00:14:01	00:13:30	00:13:04	00:12:45	00:12:22	
23	19	172	Henk Baeten	Baarle Hertog	man	04:08:40	5,0	00:11:54	00:09:23	00:09:28	00:10:14	00:10:14	00:09:54	00:10:12	00:09:39	00:10:26	00:09:48	00:11:17	00:10:22	00:10:34	00:10:49	00:12:35	00:13:44	00:11:14	00:11:52	00:13:39	00:12:51	00:13:39	00:12:30	00:14:27	
24	20	211	John Verhoeven	Woudrichem	man	04:17:55	4,9	00:12:20	00:08:05	00:09:03	00:09:13	00:11:06	00:09:12	00:09:20	00:09:51	00:09:55	00:09:40	00:09:59	00:10:56	00:11:14	00:14:50	00:11:32	00:16:09	00:13:28	00:13:10	00:17:48	00:15:36	00:12:37	00:12:35	00:12:44	
25	5	185	Patricia Jacobs	Herveld	vrouw	04:19:50	4,8	00:12:26	00:09:01	00:09:15	00:09:50	00:09:43	00:10:12	00:09:54	00:10:28	00:10:35	00:10:29	00:10:25	00:11:30	00:10:57	00:11:46	00:12:34	00:12:22	00:14:01	00:12:52	00:13:06	00:15:30	00:15:01	00:15:30	00:14:59	
26	21	190	Michal Kozlowski	Heythuysen	man	04:22:32	4,8	00:12:34	00:08:33	00:09:52	00:11:24	00:10:05	00:10:26	00:11:05	00:14:04	00:10:49	00:11:24	00:10:32	00:11:06	00:15:32	00:11:23	00:15:53	00:11:01	00:11:22	00:14:38	00:12:03	00:12:12	00:14:44	00:12:07	00:12:25	
27	22	199	Patrick Schuffelers	Hoensbroek	man	04:48:10	4,4	00:13:47	00:08:26	00:09:33	00:10:18	00:10:58	00:10:19	00:10:57	00:10:46	00:11:15	00:11:33	00:12:11	00:11:53	00:13:17	00:13:58	00:18:16	00:13:53	00:18:02	00:15:18	00:15:05	00:18:09	00:15:31	00:14:01	00:14:42	
28	23	196	Hilvert Oosterveld	Zwijndrecht	man	04:53:07	4,3	00:14:01	00:10:26	00:11:10	00:11:28	00:11:37	00:12:05	00:13:17	00:12:42	00:11:41	00:13:37	00:16:31	00:12:21	00:16:47	00:12:32	00:16:17	00:15:27	00:12:41	00:15:25	00:14:06	00:14:17	00:12:58	00:14:08	00:11:44	
29	6	212	Jolijn Vlasveld	Heerlen	vrouw	04:57:49	4,2	00:14:15	00:09:34	00:10:10	00:10:47	00:10:54	00:10:52	00:11:29	00:13:32	00:11:37	00:11:23	00:12:07	00:12:07	00:12:36	00:16:19	00:13:06	00:15:08	00:13:23	00:13:43	00:15:28	00:16:24	00:22:16	00:17:10	00:17:57	
30	24	205	theo van der staak	westervoort	man	05:01:10	4,2	00:14:25	00:10:01	00:10:17	00:11:19	00:11:28	00:11:31	00:11:58	00:12:18	00:12:40	00:11:56	00:13:10	00:12:49	00:14:47	00:14:12	00:14:20	00:13:53	00:15:25	00:19:20	00:14:28	00:15:56	00:16:18	00:17:02	00:16:11	
31	7	206	linda van der staak	Westervoort	vrouw	05:01:10	4,2	00:14:25	00:10:10	00:10:21	00:11:18	00:11:29	00:11:35	00:11:54	00:12:25	00:12:45	00:11:55	00:13:03	00:12:46	00:14:49	00:14:03	00:14:31	00:14:11	00:15:25	00:18:58	00:14:18	00:15:54	00:16:21	00:17:04	00:16:07	
32	8	208	SAN van Vliet	UITHOORN	vrouw	05:35:05	3,7	00:16:02	00:10:09	00:10:47	00:11:16	00:12:46	00:12:18	00:12:57	00:18:22	00:14:00	00:13:56	00:12:35	00:14:21	00:18:26	00:15:15	00:16:44	00:17:06	00:15:26	00:15:59	00:19:00	00:18:50	00:18:52	00:19:50	00:16:24	
33	9	191																													