



Runner's Lab 10 KM

Herk Loopt

12 mei 2019

Pl	Pl. Cat.	Bib	Naam	Woonplaats	M/V	Bruto	Netto	Ronde 1	Ronde 2
1	1	429	Sander Vercauteren	-	SEN H	00:31:27	00:31:25	00:15:36	00:15:50
2	2	421	Kjell De Hondt	-	SEN H	00:31:44	00:31:42	00:15:36	00:16:07
3	3	1	Hendrik Vanden Berk	-	SEN H	00:32:52	00:32:50	00:16:02	00:16:49
4	1	449	Geert Schroven	-	MAS H 35+	00:33:44	00:33:43	00:16:43	00:17:01
5	2	36	Chris Wouters	-	MAS H 35+	00:34:45	00:34:43	00:17:09	00:17:34
6	4	443	Jonas Permentier	-	SEN H	00:34:45	00:34:43	00:17:09	00:17:35
7	1	53	Pascal Van Marcke	-	MAS H 50+	00:35:55	00:35:54	00:17:56	00:17:58
8	3	401	Steve Lieten	-	MAS H 35+	00:36:01	00:36:00	00:17:58	00:18:03
9	5	98	Ruben Wiams	-	SEN H	00:38:03	00:38:00	00:18:31	00:19:30
10	6	37	Jens Robben	-	SEN H	00:38:41	00:38:38	00:18:47	00:19:52
11	7	39	Cedric Wouters	-	SEN H	00:39:20	00:39:15	00:18:54	00:20:21
12	4	180	Johan Buntinx	-	MAS H 35+	00:39:34	00:39:30	00:19:17	00:20:14
13	1	407	Charlotte Van Hese	-	SEN D	00:39:34	00:39:33	00:20:01	00:19:33
14	2	413	Marc Bosmans	-	MAS H 50+	00:39:56	00:39:53	00:19:43	00:20:11
15	8	469	Niki Boden	-	SEN H	00:40:04	00:40:01	00:19:44	00:20:18
16	5	424	Benny Kerckhoven	-	MAS H 35+	00:40:10	00:40:08	00:19:43	00:20:26
17	9	430	Jochen Leeten	-	SEN H	00:40:21	00:40:19	00:20:22	00:19:57
18	3	61	Ivo Vandermaesen	-	MAS H 50+	00:40:23	00:40:21	00:19:51	00:20:31
19	10	441	Bart Fabry	-	SEN H	00:40:27	00:40:19	00:20:04	00:20:15
20		486	Jeroen Sneyers	-	-	00:40:53	00:40:47	00:20:00	00:20:48
21	6	107	Chris Baerts	-	MAS H 35+	00:41:08	00:41:03	00:20:13	00:20:50
22	11	139	Olivier Paredis	-	SEN H	00:41:09	00:40:54	00:20:11	00:20:44
23	7	35	Ben Weerts	-	MAS H 35+	00:41:25	00:41:22	00:20:14	00:21:09
24	12	133	Jens Boogaerts	-	SEN H	00:41:47	00:41:39	00:20:52	00:20:47
25	4	42	Bart Jans	-	MAS H 50+	00:41:49	00:41:45	00:20:41	00:21:04
26	8	408	Christian Ceccalst	-	MAS H 35+	00:41:50	00:41:47	00:20:59	00:20:48
27	13	126	Jonas Vangrieken	-	SEN H	00:42:01	00:41:53	00:19:47	00:22:06
28	14	25	Guy Vromans	-	SEN H	00:42:02	00:41:59	00:20:32	00:21:27
29	15	444	Koenraad Permentier	-	SEN H	00:42:21	00:42:19	00:20:17	00:22:03
30		485	Sebastian Mathieu	-	-	00:42:43	00:42:30	00:21:37	00:20:54
31	9	464	Azini Qusin	-	MAS H 35+	00:42:50	00:42:47	00:21:11	00:21:36
32	10	465	Roel Van der Sanden	-	MAS H 35+	00:42:50	00:42:46	00:20:59	00:21:48
33	11	5	JP Hollants	-	MAS H 35+	00:42:51	00:42:48	00:20:28	00:22:21
34	16	471	Bert Willems	-	SEN H	00:42:55	00:42:46	00:21:31	00:21:15
35	17	160	Gert-Jan Gemis	-	SEN H	00:42:56	00:42:46	00:21:10	00:21:37
36	1	450	Katleen Boeckx	-	MAS D 35+	00:43:04	00:43:00	00:21:32	00:21:29
37		488	Zaki Tupusch	-	-	00:43:24	00:43:20	00:21:35	00:21:45
38	5	438	Danny De Schrijver	-	MAS H 50+	00:43:25	00:43:21	00:21:38	00:21:43
39	2	49	Liesbeth Tessens	-	MAS D 35+	00:43:39	00:43:36	00:21:03	00:22:34
40	6	455	Luc Testelmans	-	MAS H 50+	00:43:39	00:43:34	00:21:41	00:21:53
41		484	Kristof Gielen	-	-	00:43:40	00:43:37	00:21:24	00:22:13
42	7	456	Benoit Vranckx	-	MAS H 50+	00:43:41	00:43:35	00:21:39	00:21:56
43	12	293	Roeland Gelade	-	MAS H 35+	00:43:46	00:43:43	00:21:33	00:22:11
44	13	33	Jan Gressens	-	MAS H 35+	00:43:53	00:43:44	00:21:26	00:22:19
45	18	183	Matthias Eraly	-	SEN H	00:43:53	00:43:43	00:21:36	00:22:07
46	19	458	Jonas Vangeel	-	SEN H	00:44:03	00:44:01	00:21:38	00:22:24
47	14	457	Daniel Drion	-	MAS H 35+	00:44:04	00:43:56	00:21:53	00:22:04
48	20	482	Gust Liefsoens	-	SEN H	00:44:05	00:43:53	00:21:41	00:22:12
49	21	145	Stijn De Roover	-	SEN H	00:44:12	00:44:06	00:21:33	00:22:34
50		475	Deelnemer 475	-	-	00:44:23	00:44:13	00:21:38	00:22:36



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Pl	Pl. Cat.	Bib	Naam	Woonplaats	M/V	Bruto	Netto	Ronde 1	Ronde 2
51	15	481	Sebastien Artois	-	MAS H 35+	00:44:26	00:44:14	00:21:41	00:22:33
52	16	156	Sven Thijs	-	MAS H 35+	00:44:45	00:44:37	00:21:55	00:22:43
53	17	433	Tom Vandebroeck	-	MAS H 35+	00:44:45	00:44:39	00:22:43	00:21:57
54	18	409	Hans Vanherck	-	MAS H 35+	00:45:01	00:44:55	00:22:10	00:22:46
55	8	111	Geert Minten	-	MAS H 50+	00:45:03	00:44:50	00:23:02	00:21:49
56	9	403	Johann Bolinius	-	MAS H 50+	00:45:09	00:45:05	00:22:32	00:22:34
57	10	86	Luc Knaepen	-	MAS H 50+	00:45:15	00:45:13	00:21:47	00:23:27
58		487	Jan Meeus	-	-	00:45:17	00:45:02	00:21:40	00:23:22
59	19	428	Ivan Vercauteren	-	MAS H 35+	00:45:18	00:45:13	00:22:05	00:23:08
60	22	117	Inigo Marco	-	SEN H	00:45:22	00:45:15	00:21:56	00:23:19
61	23	400	Pieter Moens	-	SEN H	00:45:25	00:45:19	00:22:42	00:22:37
62	2	108	Jolien Vandersmissen	-	SEN D	00:45:32	00:45:28	00:22:46	00:22:43
63	11	3	Eddy Boffin	-	MAS H 50+	00:45:40	00:45:33	00:21:59	00:23:35
64	12	179	Rudy Calders	-	MAS H 50+	00:45:41	00:45:36	00:22:48	00:22:48
65	24	103	Raf Bleeser	-	SEN H	00:45:41	00:45:35	00:22:32	00:23:03
66	3	135	Katrien Stas	-	MAS D 35+	00:45:42	00:45:38	00:22:49	00:22:49
67	20	130	David Stijnen	-	MAS H 35+	00:45:53	00:45:48	00:22:40	00:23:08
68	25	483	Ryan Neckebroeck	-	SEN H	00:46:03	00:45:51	00:21:44	00:24:08
69	1	163	Reijnkens Marleen	-	MAS D 50+	00:46:07	00:46:03	00:22:35	00:23:28
70	26	466	Nathan Boonen	-	SEN H	00:46:09	00:45:57	00:23:23	00:22:34
71	27	97	Ruben Leten	-	SEN H	00:46:17	00:46:08	00:22:56	00:23:12
72	28	24	Nick Ryken	-	SEN H	00:46:24	00:46:18	00:23:26	00:22:52
73	29	110	Simon Minten	-	SEN H	00:46:25	00:46:13	00:21:45	00:24:29
74	30	6	Niels Laurent	-	SEN H	00:46:27	00:46:19	00:23:25	00:22:54
75	31	182	Andreas Lynen	-	SEN H	00:46:35	00:46:25	00:23:28	00:22:58
76	32	418	Yannick Vanoppen	-	SEN H	00:46:40	00:46:30	00:23:02	00:23:29
77	3	55	Sofie Strauven	-	SEN D	00:46:46	00:46:41	00:23:20	00:23:21
78	4	4	Annouschka Laenen	-	MAS D 35+	00:46:48	00:46:44	00:22:53	00:23:51
79	21	83	Pieter Boons	-	MAS H 35+	00:46:53	00:46:42	00:22:58	00:23:45
80	22	100	Bert Thoonen	-	MAS H 35+	00:46:57	00:46:50	00:23:01	00:23:49
81	33	448	Thomas Ector	-	SEN H	00:47:01	00:46:51	00:23:28	00:23:23
82	34	423	Raf Kerckhoven	-	SEN H	00:47:02	00:46:58	00:23:00	00:23:58
83	23	425	Pascal Kerckhoven	-	MAS H 35+	00:47:03	00:46:58	00:23:00	00:23:59
84	24	427	Dries Ector	-	MAS H 35+	00:47:03	00:46:56	00:23:26	00:23:31
85	25	165	Wim Van Wassenhove	-	MAS H 35+	00:47:16	00:47:09	00:22:57	00:24:12
86	13	149	Johnny Swijzen	-	MAS H 50+	00:47:18	00:47:06	00:23:09	00:23:57
87	26	434	Tom Sneyers	-	MAS H 35+	00:47:29	00:47:20	00:23:05	00:24:16
88	35	480	Michael Awouters	-	SEN H	00:47:33	00:47:28	00:21:56	00:25:33
89	36	144	Koen Ryken	-	SEN H	00:47:45	00:47:39	00:25:32	00:22:07
90	37	109	Wouter Bocken	-	SEN H	00:47:54	00:47:46	00:23:35	00:24:11
91	4	48	Katrijn Vanden Berk	-	SEN D	00:48:10	00:48:07	00:23:15	00:24:52
92	38	64	Jelle Jaemers	-	SEN H	00:48:10	00:47:59	00:23:27	00:24:33
93	39	452	Mathijs Bokken	-	SEN H	00:48:26	00:48:15	00:23:32	00:24:43
94	27	47	Raf Luits	-	MAS H 35+	00:48:31	00:48:27	00:23:52	00:24:35
95	2	451	Ilse Vandenborne	-	MAS D 50+	00:48:33	00:48:32	00:10:59	00:37:33
96	40	112	Yannick Schraeyen	-	SEN H	00:48:42	00:48:29	00:23:56	00:24:33
97	28	406	Bert Claessens	-	MAS H 35+	00:48:44	00:48:37	00:23:52	00:24:46
98	29	479	Stef Bosmans	-	MAS H 35+	00:48:48	00:48:39	00:23:28	00:25:12
99	30	432	Wim Hellinx	-	MAS H 35+	00:48:54	00:48:48	00:23:54	00:24:55
100	5	84	Alkia Carovillano	-	MAS D 35+	00:49:03	00:48:51	00:23:59	00:24:53



Runner's Lab 10 KM

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12 mei 2019

Pl	Pl. Cat.	Bib	Naam	Woonplaats	M/V	Bruto	Netto	Ronde 1	Ronde 2
101	14	412	Jos Schraepen	-	MAS H 50+	00:49:04	00:48:56	00:23:56	00:25:00
102	31	411	Philippe Moseley	-	MAS H 35+	00:49:10	00:49:09	00:24:27	00:24:42
103	6	154	Sarah van Slycke	-	MAS D 35+	00:49:17	00:49:10	00:24:18	00:24:53
104	41	66	Dennis Culot	-	SEN H	00:49:19	00:49:08	00:24:00	00:25:09
105		476	Deelnemer 476	-	-	00:49:24	00:49:14	00:24:57	00:24:17
106	32	81	Dennis Mathues	-	MAS H 35+	00:49:25	00:49:18	00:23:27	00:25:52
107	33	137	Eric Swerts	-	MAS H 35+	00:49:31	00:49:25	00:23:45	00:25:41
108	42	447	Frederik Vanswijgenhoven	-	SEN H	00:49:33	00:49:26	00:24:50	00:24:37
109	34	104	David Coenen	-	MAS H 35+	00:49:38	00:49:33	00:24:01	00:25:33
110	35	472	Mark Troosters	-	MAS H 35+	00:49:40	00:49:35	00:24:22	00:25:14
111	43	134	Obi Boogaerts	-	SEN H	00:49:52	00:49:43	00:24:16	00:25:27
112	44	28	Bo Boogaerts	-	SEN H	00:49:56	00:49:46	00:24:16	00:25:30
113	36	73	Stijn Daniels	-	MAS H 35+	00:50:01	00:49:53	00:24:17	00:25:37
114	15	461	Valère Vrijssen	-	MAS H 50+	00:50:14	00:50:03	00:25:28	00:24:36
115	45	152	Domien Froyen	-	SEN H	00:50:25	00:50:10	00:25:18	00:24:52
116	5	203	Anouk Cornelissen	-	SEN D	00:50:26	00:50:12	00:25:08	00:25:05
117	37	106	Marc Lenaers	-	MAS H 35+	00:50:30	00:50:27	00:24:23	00:26:04
118	16	72	Marc Buekers	-	MAS H 50+	00:50:33	00:50:22	00:25:21	00:25:02
119	38	454	Jeroen Bouwsma	-	MAS H 35+	00:50:41	00:50:31	00:24:40	00:25:52
120	39	446	Geert Van Otterdijk	-	MAS H 35+	00:50:41	00:50:33	00:26:48	00:23:46
121	17	440	Jean Pierre Immerix	-	MAS H 50+	00:50:44	00:50:38	00:25:20	00:25:19
122	40	121	Bert Liefsoens	-	MAS H 35+	00:50:45	00:50:38	00:24:41	00:25:58
123	7	405	Liesbeth Buffels	-	MAS D 35+	00:50:47	00:50:38	00:25:42	00:24:56
124	46	491	Shane Kindermans	-	SEN H	00:50:47	00:50:35	00:25:57	00:24:38
125		489	Dries Tits	-	-	00:50:48	00:50:36	00:25:58	00:24:39
126	6	490	Ruth Lempers	-	SEN D	00:50:48	00:50:36	00:25:57	00:24:39
127	41	141	Gunter Graulus	-	MAS H 35+	00:50:58	00:50:47	00:25:04	00:25:43
128	47	142	Siemen Graulus	-	SEN H	00:50:58	00:50:47	00:25:04	00:25:43
129	48	415	Martijn Bas	-	SEN H	00:51:08	00:50:54	00:25:59	00:24:56
130	49	468	Jeroen Achten	-	SEN H	00:51:18	00:51:06	00:25:40	00:25:26
131	7	420	Els Ryken	-	SEN D	00:51:24	00:51:23	00:25:37	00:25:46
132	18	26	Danny Zwerts	-	MAS H 50+	00:51:30	00:51:19	00:25:55	00:25:25
133	8	90	Christel Goeman	-	MAS D 35+	00:51:33	00:51:22	00:25:36	00:25:47
134	19	442	Filip David	-	MAS H 50+	00:51:39	00:51:30	00:25:30	00:26:01
135	42	439	Peter Verpoorter	-	MAS H 35+	00:51:51	00:51:42	00:24:45	00:26:58
136	43	162	Johnny Schut	-	MAS H 35+	00:51:53	00:51:47	00:25:10	00:26:38
137	9	94	Hermine Theys	-	MAS D 35+	00:52:12	00:52:08	00:25:24	00:26:45
138	20	404	Patrick Rigo	-	MAS H 50+	00:52:31	00:52:25	00:24:38	00:27:48
139	8	462	Joy Middelbos	-	SEN D	00:52:34	00:52:30	00:25:22	00:27:08
140	44	150	Ronny Tomsin	-	MAS H 35+	00:52:59	00:52:45	00:25:17	00:27:29
141	21	416	Benny Bas	-	MAS H 50+	00:53:15	00:53:11	00:25:10	00:28:01
142	22	445	Rob Vangansenwinkel	-	MAS H 50+	00:53:32	00:53:23	00:26:46	00:26:38
143	45	419	Davy Claes	-	MAS H 35+	00:54:22	00:54:09	00:26:45	00:27:25
144	10	69	Mariam Al Merrouni	-	MAS D 35+	00:54:52	00:54:44	00:26:58	00:27:46
145	46	91	Pieter Jadoul	-	MAS H 35+	00:54:58	00:54:48	00:26:48	00:28:00
146	23	422	Koen Gijbels	-	MAS H 50+	00:55:33	00:55:25	00:27:21	00:28:04
147	47	50	Christoffel Ector	-	MAS H 35+	00:55:36	00:55:25	00:27:10	00:28:16
148	24	453	Eric Eijckmans	-	MAS H 50+	00:55:42	00:55:35	00:27:34	00:28:02
149	48	477	Davy Willems	-	MAS H 35+	00:56:09	00:55:55	00:28:00	00:27:55
150	49	478	Kristof Haesevoets	-	MAS H 35+	00:56:09	00:55:54	00:28:00	00:27:55



Pl	Pl. Cat.	Bib	Naam	Woonplaats	M/V	Bruto	Netto	Ronde 1	Ronde 2
151	50	473	Peter Vandenberg	-	MAS H 35+	00:56:27	00:56:21	00:28:02	00:28:20
152	11	80	Joke Kerkhofs	-	MAS D 35+	00:56:47	00:56:43	00:27:22	00:29:21
153	12	60	Ine Jacobs	-	MAS D 35+	00:57:48	00:57:41	00:27:30	00:30:11
154	3	185	Nele Cools	-	MAS D 50+	00:57:48	00:57:41	00:28:33	00:29:08
155	4	63	Sonia Baens	-	MAS D 50+	00:57:48	00:57:42	00:28:34	00:29:08
156	9	169	Elke Picquet	-	SEN D	00:58:00	00:57:47	00:28:25	00:29:22
157	50	170	Willem Borgers	-	SEN H	00:58:00	00:57:46	00:28:25	00:29:22
158	13	75	Vanessa de Vocht	-	MAS D 35+	00:58:10	00:58:02	00:28:48	00:29:14
159	5	8	Annique Maes	-	MAS D 50+	00:58:21	00:58:12	00:28:57	00:29:15
160	25	470	Jan Nelissen	-	MAS H 50+	00:58:21	00:58:11	00:28:56	00:29:15
161	26	123	Johan Somers	-	MAS H 50+	00:58:42	00:58:32	00:28:55	00:29:37
162		474	Deelnemer 474	-	-	00:58:58	00:58:47	00:28:28	00:30:19
163	51	410	Rob Coenegrachts	-	SEN H	00:59:23	00:59:16	00:29:39	00:29:37
164	51	181	Nik De Muyer	-	MAS H 35+	00:59:36	00:59:29	00:29:39	00:29:51
165	6	459	Bea Strouwen	-	MAS D 50+	00:59:39	00:59:28	00:28:53	00:30:35
166	14	431	Martine Sobkowiak	-	MAS D 35+	00:59:40	00:59:29	00:28:53	00:30:37
167	27	82	Ludo Werckx	-	MAS H 50+	00:59:40	00:59:29	00:28:52	00:30:37
168	28	435	Luc Lefèvre	-	MAS H 50+	00:59:41	00:59:28	00:28:52	00:30:37
169	52	460	Michel Ruymen	-	SEN H	00:59:41	00:59:29	00:28:52	00:30:37
170	15	436	Sofie Vanwing	-	MAS D 35+	01:01:06	01:00:52	00:29:35	00:31:17
171	16	437	Tamara Keunen	-	MAS D 35+	01:01:06	01:00:52	00:29:35	00:31:17
172	10	27	An Dendas	-	SEN D	01:01:21	01:01:11	00:30:55	00:30:16
173	11	31	Celien Vangelder	-	SEN D	01:02:45	01:02:31	00:31:03	00:31:29
174	17	62	Sarah Creten	-	MAS D 35+	01:04:36	01:04:26	00:31:04	00:33:22
175	18	426	Ellen Bijmens	-	MAS D 35+	01:04:37	01:04:26	00:31:04	00:33:22
		414	Rudi Roox	-	MAS H 35+			00:18:14	
		467	Christophe Van Poucke	-	MAS H 35+			00:19:17	
		32	Daan Soentjens	-	SEN H			00:31:03	