

19 mei 2019

| Pl | Bib | Naam | Woonplaats | Categorie | Bruto | Netto |
|----|------|-----------------------|-----------------------|-----------|----------------|---------|
| 1 | 2098 | Patrick Vandebosch | Hoeselt | MAS H 45+ | 0:35:05 | 0:35:05 |
| 2 | 4026 | Frankie Verluyten | - | SEN H | 0:35:15 | 0:35:14 |
| 3 | 4185 | Luc Nassen | - | MAS H 55+ | 0:35:22 | 0:35:21 |
| 4 | 4193 | Marc Wolters | - | MAS H 35+ | 0:35:33 | 0:35:32 |
| 5 | 4262 | Vincent Nardozza | - | MAS H 35+ | 0:35:46 | 0:35:44 |
| 6 | 4098 | Tom Vanderbiesen | - | MAS H 35+ | 0:37:14 | 0:37:13 |
| 7 | 4266 | Kevin Beusen | - | MAS H 35+ | 0:37:31 | 0:37:30 |
| 8 | 4169 | Andy De Rooy | - | MAS H 35+ | 0:38:04 | 0:38:02 |
| 9 | 4161 | Rudi Roox | - | MAS H 45+ | 0:38:14 | 0:38:12 |
| 10 | 4261 | Emiel Paredis | - | SEN H | 0:38:29 | 0:38:27 |
| 11 | 2096 | Lukas feys | Zutendaal | SEN H | 0:38:34 | 0:38:29 |
| 12 | 4084 | Miguel Taffin | - | MAS H 45+ | 0:38:56 | 0:38:54 |
| 13 | 4195 | Ward Janssen | - | SEN H | 0:39:05 | 0:39:05 |
| 14 | 2091 | Joeri Vandecaetsbeek | Bree | MAS H 35+ | 0:39:39 | 0:39:37 |
| 15 | 4230 | Martine Detrez | - | MAS D 45+ | 0:39:41 | 0:39:38 |
| 16 | 4265 | Raf Vanmierlo | - | MAS H 45+ | 0:39:53 | 0:39:47 |
| 17 | 4057 | Tom Geens | - | MAS H 35+ | 0:39:59 | 0:39:35 |
| 18 | 4270 | Roy Roberts | - | SEN H | 0:40:15 | 0:40:12 |
| 19 | 4124 | Filip Staes | - | MAS H 45+ | 0:41:11 | 0:41:07 |
| 20 | 2061 | Jochen Leeten | Tessengerlo | SEN H | 0:41:18 | 0:41:12 |
| 21 | 2056 | Ivo Vandermaesen | Schaffen | MAS H 55+ | 0:41:24 | 0:41:23 |
| 22 | 2077 | Bert Vertessen | Hoeselt | MAS H 35+ | 0:41:33 | 0:41:32 |
| 23 | 4285 | Stijn Vanderbeuken | - | MAS H 35+ | 0:41:41 | 0:41:38 |
| 24 | 4250 | Maurice Cleven | - | MAS H 35+ | 0:41:54 | 0:41:50 |
| 25 | 4257 | Sven Beyens | - | SEN H | 0:42:18 | 0:41:50 |
| 26 | 4053 | Michiel Vossen | - | SEN H | 0:42:22 | 0:42:10 |
| 27 | 2101 | Erwin Kippers | Munsterbilzen | MAS H 35+ | 0:42:37 | 0:42:13 |
| 28 | 2067 | Bart Saenen | Diepenbeek | MAS H 35+ | 0:42:54 | 0:42:50 |
| 29 | 2053 | Jan Loddewyckx | Tielt-Winge | MAS H 35+ | 0:43:09 | 0:43:00 |
| 30 | 2099 | Johan Claes | Sint-Huibrechts-Lille | MAS H 35+ | 0:43:09 | 0:43:01 |
| 31 | 2008 | Maarten Timmermans | Bilzen | SEN H | 0:43:22 | 0:43:16 |
| 32 | 4011 | Els Jamaer | - | MAS D 35+ | 0:43:28 | 0:43:25 |
| 33 | 2054 | Aleksandra Kuhelj | Bilzen | MAS D 35+ | 0:43:33 | 0:43:24 |
| 34 | 4199 | Benoit Vranckx | - | MAS H 55+ | 0:43:36 | 0:43:30 |
| 35 | 4249 | Pieter Moors | - | SEN H | 0:43:44 | 0:43:38 |
| 36 | 2103 | Anne-Sophie Slegers | Bilzen | SEN D | 0:43:54 | 0:43:52 |
| 37 | 4259 | Ken Nijs | - | SEN H | 0:43:59 | 0:43:50 |
| 38 | 4157 | Eric Stassen | - | MAS H 55+ | 0:45:05 | 0:44:55 |
| 39 | 4267 | Benny Claes | - | MAS H 55+ | 0:45:10 | 0:45:02 |
| 40 | 4268 | Hannes Claes | - | SEN H | 0:45:11 | 0:45:02 |
| 41 | 2007 | Niels Nijst | Beverst | SEN H | 0:45:13 | 0:45:02 |
| 42 | 4152 | Meinder Follon | - | SEN H | 0:45:16 | 0:45:02 |
| 43 | 2029 | Heinrich Vanderhaegen | Maasmechelen | MAS H 45+ | 0:45:35 | 0:45:33 |
| 44 | 2065 | Stefaan Huybrechts | Bilzen | MAS H 45+ | 0:45:40 | 0:45:32 |
| 45 | 4255 | Daniel Drion | - | MAS H 35+ | 0:45:41 | 0:45:31 |
| 46 | 2038 | Steven Tomsin | Bilzen | SEN H | 0:45:47 | 0:45:42 |
| 47 | 4271 | Piet Vangeel | - | MAS H 45+ | 0:45:51 | 0:45:31 |

10 KM

Martin's Bilzen Run

19 mei 2019

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|----|------|-----------------------|----------------|-----------|----------------|---------|
| 48 | 2064 | Dennis Theunissen | Bilzen | SEN H | 0:45:53 | 0:45:48 |
| 49 | 2063 | Urbain Theunissen | Bilzen | MAS H 55+ | 0:45:53 | 0:45:48 |
| 50 | 2068 | Norbert Collas | Riemst | MAS H 55+ | 0:46:28 | 0:46:09 |
| 51 | 4280 | Glenn Gijsen | - | SEN H | 0:46:37 | 0:46:27 |
| 52 | 2082 | Stefan Creemers | Wilsele | MAS H 35+ | 0:46:38 | 0:46:22 |
| 53 | 4200 | Bram Lenaerts | - | SEN H | 0:46:41 | 0:46:29 |
| 54 | 4226 | Johan Digneffe | - | MAS H 45+ | 0:46:51 | 0:46:40 |
| 55 | 4206 | Kobe Withofs | - | SEN H | 0:47:03 | 0:46:52 |
| 56 | 2084 | Christian Briers | Beverst | MAS H 45+ | 0:47:33 | 0:47:25 |
| 57 | 4015 | Louis Ruyters | - | MAS H 55+ | 0:47:43 | 0:47:38 |
| 58 | 4286 | Fabrice Masschelein | - | MAS H 35+ | 0:47:46 | 0:47:20 |
| 59 | 2052 | Patrick Vanderydt | Stevoort | MAS H 45+ | 0:47:55 | 0:47:48 |
| 60 | 4234 | Ken Martens | - | SEN H | 0:48:11 | 0:48:03 |
| 61 | 2059 | Guido Cuypers | Gruitrode | MAS H 55+ | 0:48:17 | 0:48:08 |
| 62 | 4260 | Dylan Maes | - | SEN H | 0:48:28 | 0:48:19 |
| 63 | 4224 | Fabio Mercurio | - | MAS H 55+ | 0:48:59 | 0:48:54 |
| 64 | 2090 | Mike Gielen | Bilzen | SEN H | 0:49:01 | 0:48:27 |
| 65 | 2005 | Guido Kravanja | Dilsen-Stokkem | MAS H 45+ | 0:49:07 | 0:48:56 |
| 66 | 2025 | Wim Voncken | Bilzen | MAS H 45+ | 0:49:46 | 0:49:20 |
| 67 | 2048 | Janne Bamps | Hoeselt | SEN D | 0:50:00 | 0:49:48 |
| 68 | 2081 | Dirk Nelissen | Hasselt | MAS H 35+ | 0:50:05 | 0:49:50 |
| 69 | 2018 | Yannick Schraeyen | Beverlo | SEN H | 0:50:08 | 0:49:36 |
| 70 | 4264 | Vera Verluyten | - | MAS D 45+ | 0:50:11 | 0:50:03 |
| 71 | 2083 | BENNE VRANCKEN | Waltwilder | SEN H | 0:50:30 | 0:50:13 |
| 72 | 4183 | Jacky Linassi | - | MAS H 35+ | 0:51:16 | 0:51:00 |
| 73 | 2016 | Jean Timmermans | Bilzen | MAS H 55+ | 0:51:26 | 0:51:20 |
| 74 | 4217 | Sandra Vanherf | - | MAS D 45+ | 0:51:36 | 0:51:20 |
| 75 | 2042 | Johan Lambregs | Bilzen | MAS H 35+ | 0:51:49 | 0:51:35 |
| 76 | 4182 | Thomas Hardy | - | SEN H | 0:52:17 | 0:52:03 |
| 77 | 2028 | Wim Gielen | Diepenbeek | SEN H | 0:52:19 | 0:52:07 |
| 78 | 2015 | Jean Pierre Immerix | Veldwezelt | MAS H 55+ | 0:52:20 | 0:52:11 |
| 79 | 2046 | Rudi Gregoire | Bilzen | MAS H 45+ | 0:52:27 | 0:51:56 |
| 80 | 4068 | Koen Wins | - | MAS H 35+ | 0:52:27 | 0:52:06 |
| 81 | 1197 | Ianthe Bauduin | Millen | SEN D | 0:52:45 | 0:52:44 |
| 82 | 4139 | Yannick Nyssen | - | SEN H | 0:52:52 | 0:52:25 |
| 83 | 4018 | Laurent Wijnants | - | MAS H 55+ | 0:52:58 | 0:52:48 |
| 84 | 2033 | Stefan Vanormelingen | Wellen | MAS H 45+ | 0:53:06 | 0:52:35 |
| 85 | 2080 | Marco van 't Klooster | Lanaken | MAS H 35+ | 0:53:09 | 0:52:39 |
| 86 | 2031 | Bjorn Elsen | Koersel | SEN H | 0:53:11 | 0:52:38 |
| 87 | 2012 | Kyara Salis | Bilzen | SEN D | 0:53:19 | 0:52:53 |
| 88 | 2058 | Emma Thijs | Munsterbilzen | SEN D | 0:53:20 | 0:52:54 |
| 89 | 4237 | Veronique Dufour | - | MAS D 45+ | 0:53:37 | 0:53:23 |
| 90 | 4236 | Marc Bielen | - | MAS H 45+ | 0:53:37 | 0:53:23 |
| 91 | 4233 | Bert Convents | - | SEN H | 0:53:40 | 0:53:15 |
| 92 | 4061 | Pascal Goessens | - | MAS H 55+ | 0:53:43 | 0:53:30 |
| 93 | 2094 | Wim Somers | Berlaar | MAS H 35+ | 0:53:48 | 0:53:13 |
| 94 | 4041 | Elke Muermans | - | MAS D 35+ | 0:53:50 | 0:53:30 |

19 mei 2019

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|-----|------|----------------------|---------------|-----------|----------------|---------|
| 95 | 2037 | Filip De Decker | Gent | MAS H 35+ | 0:53:53 | 0:53:34 |
| 96 | 2047 | Mike Gesthuizen | Eigenbilzen | SEN H | 0:54:03 | 0:53:58 |
| 97 | 2062 | Josette Thijs | Bilzen | MAS D 55+ | 0:54:09 | 0:53:44 |
| 98 | 4158 | Wendy Diepenrykx | - | MAS D 35+ | 0:54:15 | 0:53:56 |
| 99 | 2039 | Wilfried Jehaes | Hoeselt | MAS H 45+ | 0:54:16 | 0:53:57 |
| 100 | 4160 | Jo Appeltans | - | MAS H 45+ | 0:54:16 | 0:53:57 |
| 101 | 3051 | Monique Kragt van de | Maastricht | MAS D 35+ | 0:54:42 | 0:54:07 |
| 102 | 4076 | Joke Arnols | - | SEN D | 0:54:50 | 0:54:33 |
| 103 | 4136 | Sabine Cuypers | - | MAS D 45+ | 0:55:12 | 0:55:00 |
| 104 | 2022 | Rudy Robbens | Eigenbilzen | MAS H 45+ | 0:55:33 | 0:54:57 |
| 105 | 2026 | Kristof Sliepen | Vlijtingen | SEN H | 0:55:33 | 0:55:10 |
| 106 | 4120 | Salvi Dell'aria | - | MAS H 45+ | 0:55:39 | 0:55:30 |
| 107 | 2040 | Sara Jans | Tongeren | MAS D 35+ | 0:55:52 | 0:55:38 |
| 108 | 2041 | Evy Van Rompay | Schaffen | MAS D 35+ | 0:55:52 | 0:55:38 |
| 109 | 4025 | Stephan Bodvin | - | MAS H 55+ | 0:55:53 | 0:55:27 |
| 110 | 2075 | Kathleen Moesen | Bilzen | MAS D 45+ | 0:55:53 | 0:55:28 |
| 111 | 2044 | Stijn Gregoor | Londerzeel | SEN H | 0:55:58 | 0:55:24 |
| 112 | 2086 | Nick Meyers | Eigenbilzen | SEN H | 0:56:15 | 0:55:41 |
| 113 | 2024 | Jeu Kremers | Roermond | MAS H 55+ | 0:56:22 | 0:56:11 |
| 114 | 2027 | Tim Gesthuizen | Eigenbilzen | SEN H | 0:56:33 | 0:56:29 |
| 115 | 2010 | Laura Jansen | Hoeselt | SEN D | 0:56:33 | 0:56:29 |
| 116 | 4112 | Dave Ramaekers | - | MAS H 35+ | 0:56:35 | 0:56:12 |
| 117 | 4211 | Claudia Vreuls | - | MAS D 35+ | 0:56:53 | 0:56:32 |
| 118 | 2001 | Ludo Swijssen | Genk | MAS H 55+ | 0:56:53 | 0:56:28 |
| 119 | 4256 | Toon Heylen | - | SEN H | 0:57:03 | 0:56:48 |
| 120 | 2074 | Ellen Pelssers | Bassenge | MAS D 35+ | 0:57:08 | 0:57:00 |
| 121 | 4252 | Tamara Heuts | - | SEN D | 0:57:18 | 0:56:42 |
| 122 | 2089 | Peter Arckens | Vreren | MAS H 35+ | 0:57:29 | 0:57:02 |
| 123 | 4070 | Giel Sillen | - | SEN H | 0:57:41 | 0:57:13 |
| 124 | 4147 | Birgit Gregoire | - | MAS D 35+ | 0:57:49 | 0:57:28 |
| 125 | 4146 | Maarten Hendrikx | - | MAS H 35+ | 0:57:49 | 0:57:28 |
| 126 | 4089 | Femke Fourrier | - | SEN D | 0:57:57 | 0:57:31 |
| 127 | 2070 | Inne Slegers | Hoeselt | SEN D | 0:57:57 | 0:57:31 |
| 128 | 4196 | Christel Mercken | - | MAS D 45+ | 0:58:02 | 0:57:33 |
| 129 | 2076 | John Walstock | Lanaken | MAS H 55+ | 0:58:05 | 0:57:42 |
| 130 | 2073 | Harry BultÃ© | Rekem | MAS H 45+ | 0:58:07 | 0:57:43 |
| 131 | 2032 | Katja Lowet | Tongeren | MAS D 35+ | 0:58:11 | 0:57:56 |
| 132 | 2087 | Tiffany Teofilo | Eigenbilzen | SEN D | 0:58:12 | 0:57:37 |
| 133 | 4134 | Paul Christoffels | - | MAS H 55+ | 0:58:13 | 0:57:46 |
| 134 | 2045 | Egon Houttekier | Ulbeek | SEN H | 0:58:14 | 0:57:40 |
| 135 | 2014 | Ben Wijnen | Eigenbilzen | MAS H 35+ | 0:58:24 | 0:57:54 |
| 136 | 2013 | Alex Caestecker | Bilzen | MAS H 45+ | 0:58:40 | 0:58:09 |
| 137 | 2072 | Latet Guillaume | Bilzen | SEN H | 0:58:42 | 0:58:19 |
| 138 | 2071 | Ief Gabriels | Bilzen | MAS H 35+ | 0:58:44 | 0:58:12 |
| 139 | 2043 | Peter Thijs | Munsterbilzen | MAS H 35+ | 0:58:44 | 0:58:18 |
| 140 | 2023 | Danny Dedroog | Martenslinde | MAS H 45+ | 0:58:45 | 0:58:35 |
| 141 | 2049 | Veerle Ghesquiere | Hoeselt | MAS D 35+ | 0:58:48 | 0:58:31 |

10 KM

Martin's Bilzen Run

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|-----|------|----------------------|----------------|-----------|----------------|---------|
| 142 | 4175 | Eliane Geurts | - | MAS D 35+ | 0:59:34 | 0:59:18 |
| 143 | 2021 | Lucas Crommen | bilzen | SEN H | 0:59:38 | 0:59:10 |
| 144 | 4165 | Niels Steegmans | - | SEN H | 0:59:39 | 0:59:36 |
| 145 | 4029 | Nicole Withofs | - | MAS D 55+ | 1:00:22 | 0:59:45 |
| 146 | 4109 | Raymonde Hensen | - | MAS D 45+ | 1:00:23 | 0:59:47 |
| 147 | 2060 | Urbain Meers | Beverst | MAS H 55+ | 1:00:24 | 0:59:47 |
| 148 | 2051 | Lenne Gagliano | Bilzen | SEN H | 1:00:36 | 1:00:04 |
| 149 | 4253 | Brigitte Swijsen | - | MAS D 45+ | 1:00:38 | 1:00:13 |
| 150 | 2002 | Erik De Pauw | Genk | MAS H 55+ | 1:00:38 | 1:00:12 |
| 151 | 4051 | Arlin Motten | - | SEN H | 1:00:52 | 1:00:18 |
| 152 | 4212 | Philippe Festjens | - | MAS H 35+ | 1:00:52 | 1:00:32 |
| 153 | 2036 | Frank Moermans | Hoeselt | SEN H | 1:00:59 | 1:00:27 |
| 154 | 2069 | Stijn Van Marsenille | Eigenbilzen | MAS H 35+ | 1:01:01 | 1:00:31 |
| 155 | 4135 | Chantal Boelen | - | MAS D 55+ | 1:01:03 | 1:00:35 |
| 156 | 4042 | Joris Vandersanden | - | MAS H 35+ | 1:01:03 | 1:00:36 |
| 157 | 2050 | Gijs Voncken | Bilzen | MAS H 35+ | 1:01:04 | 1:00:33 |
| 158 | 4227 | Katleen Van Damme | - | SEN D | 1:01:07 | 1:00:50 |
| 159 | 2102 | Joke Demandt | Munsterbilzen | MAS D 35+ | 1:01:22 | 1:00:58 |
| 160 | 4052 | Johan Motten | - | MAS H 45+ | 1:01:26 | 1:00:53 |
| 161 | 2100 | Jens BOELEN | Rijkhoven | SEN H | 1:01:32 | 1:01:05 |
| 162 | 4145 | Hanne Lenaerts | - | SEN D | 1:01:32 | 1:01:17 |
| 163 | 2079 | Linde Achten | Munsterbilzen | SEN D | 1:02:15 | 1:01:58 |
| 164 | 4067 | Lily Vandecaetsbeek | - | MAS D 35+ | 1:02:20 | 1:02:03 |
| 165 | 4119 | Joris Brepoels | - | SEN H | 1:02:30 | 1:02:01 |
| 166 | 2017 | Ruth Wils | Hoeselt | SEN D | 1:03:14 | 1:02:40 |
| 167 | 2030 | Mindy Simons | Hoeselt | SEN D | 1:03:14 | 1:02:39 |
| 168 | 4163 | Ivo Vlaeyen | - | MAS H 45+ | 1:03:53 | 1:03:38 |
| 169 | 2011 | David Vanloffelt | Munsterbilzen | MAS H 45+ | 1:04:13 | 1:04:00 |
| 170 | 4040 | Caroline Decraecker | - | MAS D 35+ | 1:04:26 | 1:04:06 |
| 171 | 2092 | Odylle Mulder | Maastricht | MAS D 45+ | 1:04:28 | 1:04:07 |
| 172 | 4115 | Hilde Lambrechts | - | MAS D 55+ | 1:05:05 | 1:04:45 |
| 173 | 4118 | Hanne Brepoels | - | SEN D | 1:05:19 | 1:04:50 |
| 174 | 2004 | Nele Houben | Lummen | MAS D 35+ | 1:05:43 | 1:05:26 |
| 175 | 2020 | John Poesen | Sint-Truiden | MAS H 45+ | 1:06:08 | 1:05:56 |
| 176 | 2085 | Mirthe Van Hove | Oplinter | SEN D | 1:06:23 | 1:06:12 |
| 177 | 2009 | Alda Luyten | Bilzen | MAS D 55+ | 1:06:30 | 1:06:18 |
| 178 | 2034 | Marien Agten | Hamont | SEN D | 1:07:14 | 1:07:04 |
| 179 | 2088 | Wendy Collas | Vreren | MAS D 35+ | 1:07:29 | 1:07:02 |
| 180 | 4278 | Annelore Paredis | - | SEN D | 1:07:43 | 1:07:21 |
| 181 | 4279 | Lieze Cielen | - | SEN D | 1:07:44 | 1:07:21 |
| 182 | 2019 | Dorien Geusens | Kleine-Spouwen | SEN D | 1:08:49 | 1:08:37 |
| 183 | 4276 | Morganne Lambrechts | - | SEN D | 1:22:08 | 1:21:36 |
| 184 | 2097 | Eline Brepoels | Tongeren | SEN D | 1:22:08 | 1:21:36 |