

Halve Marathon Trappenmarathon

5 oktober 2019

Pl	Pl. Cat.	Bib	Naam	Gemeente	Categorie	Bruto	Snelste ronde	1KM	2KM	3KM	4KM	5KM	6KM	7KM	8KM	9KM	10KM	11KM	12KM	13KM	14KM	15KM	16KM	17KM	18KM	19KM	20KM	21KM
1	1	1093	Danny Huisman	Heerlen	Man	02:39:15	00:07:03	00:07:17	00:07:03	00:07:05	00:07:10	00:07:09	00:07:06	00:07:10	00:07:33	00:07:12	00:07:38	00:07:25	00:07:44	00:07:33	00:07:25	00:07:36	00:07:50	00:08:02	00:08:13	00:08:41	00:08:24	00:08:08
2	2	1104	Ramon Thijssen	Heythuysen	Man	02:43:05	00:06:18	00:06:18	00:06:47	00:07:07	00:07:15	00:07:12	00:07:26	00:07:33	00:07:50	00:07:39	00:07:14	00:07:25	00:07:48	00:08:14	00:07:56	00:08:01	00:08:25	00:08:40	00:09:04	00:08:44	00:08:24	00:08:11
3	3	1112	Myck van Dee	Landgraaf	Man	02:50:34	00:06:57	00:06:57	00:07:23	00:07:30	00:07:49	00:08:00	00:07:42	00:07:49	00:08:09	00:07:44	00:07:53	00:07:56	00:08:09	00:07:57	00:08:02	00:08:19	00:08:37	00:08:40	00:09:05	00:09:42	00:08:41	00:08:42
4	4	1105	Ralph Thijssen	Gemert-Bakel	Man	02:54:44	00:06:40	00:06:40	00:07:02	00:07:24	00:07:36	00:07:44	00:07:46	00:07:59	00:08:04	00:07:55	00:08:11	00:08:28	00:08:25	00:08:24	00:08:40	00:08:58	00:08:54	00:09:25	00:09:26	00:09:10	00:09:28	00:09:13
5	5	1106	Raimond Schikhof	Oostzaan	Man	02:55:19	00:07:15	00:07:15	00:07:26	00:12:35	00:16:48	00:08:02	00:07:44	00:07:51	00:07:35	00:07:34	00:07:46	00:07:30	00:07:37	00:07:49	00:07:37	00:07:39	00:07:51	00:07:40	00:07:41	00:07:55	00:07:43	00:07:49
6	6	1114	David Duarte Silva	Zoetermeer	Man	02:57:13	00:06:23	00:06:23	00:06:45	00:06:41	00:06:43	00:07:01	00:07:17	00:07:25	00:07:42	00:08:09	00:08:20	00:08:14	00:08:16	00:08:23	00:08:19	00:08:39	00:09:40	00:09:29	00:09:12	00:11:05	00:11:52	00:11:48
7	7	1096	Jeroen Adriolo	KERKRADE	Man	02:57:46	00:07:08	00:07:08	00:07:21	00:07:37	00:07:31	00:07:28	00:07:54	00:07:47	00:08:07	00:07:47	00:07:57	00:08:10	00:08:12	00:08:31	00:08:55	00:09:01	00:09:22	00:08:58	00:09:56	00:10:19	00:10:18	00:09:37
8	8	1102	Ronny Tuinstra	Berendrecht	Man	03:04:58	00:08:08	00:08:31	00:08:08	00:08:34	00:08:25	00:08:31	00:08:33	00:08:20	00:08:15	00:08:29	00:08:36	00:08:51	00:08:58	00:08:35	00:08:52	00:09:22	00:09:15	00:09:30	00:09:37	00:09:42	00:09:28	00:08:36
9	9	1086	René Mock	Aldorf	Man	03:12:52	00:07:54	00:08:05	00:07:54	00:08:14	00:08:26	00:08:28	00:08:22	00:08:39	00:08:45	00:08:46	00:09:38	00:08:57	00:09:13	00:09:12	00:09:51	00:09:38	00:09:25	00:10:17	00:10:00	00:10:36	00:10:31	00:10:03
10	10	1111	Timon Padberg	Zevenaar	Man	03:16:01	00:08:23	00:08:24	00:08:23	00:08:36	00:08:51	00:09:19	00:08:43	00:08:49	00:09:18	00:08:50	00:09:08	00:09:01	00:09:51	00:09:13	00:10:32	00:09:15	00:09:22	00:10:02	00:09:38	00:10:10	00:10:11	00:10:36
11	11	1109	Maico Salimans	Dinteloord	Man	03:16:44	00:08:01	00:08:01	00:08:21	00:08:36	00:09:13	00:09:19	00:09:16	00:08:55	00:08:48	00:09:10	00:09:17	00:09:08	00:09:07	00:09:36	00:09:39	00:09:45	00:09:56	00:10:00	00:10:11	00:10:16	00:10:14	00:10:04
12	1	1077	Sanya Koster	Venlo	Vrouw	03:17:32	00:08:24	00:08:27	00:08:24	00:08:40	00:08:52	00:08:47	00:08:56	00:09:09	00:09:01	00:09:22	00:09:17	00:09:37	00:09:22	00:09:50	00:10:14	00:09:38	00:10:18	00:10:14	00:09:56	00:10:19	00:10:05	00:09:14
13	2	1087	Wendy Schmit	Zoetermeer	Vrouw	03:17:36	00:08:40	00:08:40	00:08:53	00:08:58	00:09:03	00:09:11	00:09:15	00:09:30	00:09:19	00:09:20	00:09:17	00:09:18	00:09:59	00:09:37	00:09:48	00:09:44	00:09:51	00:09:54	00:09:49	00:09:52	00:09:44	00:08:44
14	3	1118	Smeets Nina	echt/susteren	Vrouw	03:20:01	00:01:02	00:01:02	00:01:58	00:02:00	00:04:49	00:09:15	00:05:58	00:21:46	00:19:15	00:09:20	00:09:55	00:09:23	00:09:28	00:10:02	00:09:53	00:10:21	00:10:44	00:10:17	00:11:22	00:11:01	00:11:16	00:11:06
15	12	1113	Roel Verbrugge	Heerlen	Man	03:24:09	00:08:00	00:08:00	00:08:08	00:08:28	00:08:52	00:08:51	00:08:40	00:08:55	00:08:54	00:09:05	00:09:04	00:09:11	00:09:16	00:09:45	00:09:53	00:10:20	00:11:32	00:10:53	00:11:02	00:11:49	00:11:43	00:11:57
16	13	1069	Henk Reinderink	Súdwest-Fryslân	Man	03:24:58	00:08:36	00:08:57	00:08:41	00:08:36	00:08:38	00:08:48	00:08:56	00:08:59	00:09:29	00:09:08	00:09:39	00:09:23	00:09:44	00:10:23	00:09:46	00:10:06	00:10:51	00:11:06	00:10:42	00:11:05	00:12:06	
17	14	1116	Stephan van Hugten	Den Bosch	Man	03:27:04	00:08:08	00:08:08	00:08:56	00:08:36	00:09:18	00:09:04	00:08:41	00:09:37	00:09:35	00:09:48	00:09:13	00:09:57	00:09:24	00:10:33	00:12:23	00:10:38	00:10:30	00:10:44	00:11:24	00:10:41	00:09:51	
18	15	1094	Benjamin Jughans	Zùlpich	Man	03:29:02	00:08:32	00:08:47	00:08:32	00:09:01	00:09:05	00:08:59	00:09:19	00:09:19	00:09:40	00:09:19	00:09:24	00:09:32	00:09:54	00:10:33	00:10:13	00:10:26	00:10:54	00:11:03	00:11:22	00:11:43	00:11:04	00:11:03
19	16	1108	Rob Vennix	Herten	Man	03:29:58	00:06:50	00:06:50	00:07:20	00:07:43	00:08:04	00:07:53	00:08:13	00:08:30	00:08:21	00:08:30	00:08:19	00:08:35	00:10:07	00:09:42	00:10:29	00:11:41	00:11:30	00:16:39	00:15:07	00:13:38	00:11:50	00:11:05
20	17	1110	Sebastiaan Caenen	Heerlen	Man	03:31:14	00:07:36	00:07:36	00:08:54	00:09:00	00:09:20	00:09:39	00:09:59	00:10:00	00:10:34	00:10:34	00:10:13	00:10:39	00:10:35	00:10:29	00:10:30	00:10:14	00:10:10	00:10:10	00:10:37	00:10:35	00:10:52	00:10:43
21	18	1067	Symen Van der Velde	Súdwest-Fryslân	Man	03:33:19	00:08:57	00:09:25	00:08:57	00:09:17	00:09:23	00:09:43	00:09:27	00:09:28	00:09:29	00:10:13	00:09:27	00:09:32	00:09:44	00:10:27	00:09:54	00:10:31	00:11:00	00:10:54	00:10:48	00:12:35	00:10:39	00:12:36
22	19	1078	Daniël Classen	Venlo	Man	03:38:06	00:09:06	00:09:22	00:09:37	00:09:33	00:09:23	00:09:06	00:09:24	00:10:05	00:09:29	00:09:41	00:09:52	00:09:45	00:09:53	00:11:42	00:10:46	00:11:31	00:11:04	00:11:52	00:11:34	00:11:52	00:11:13	00:11:31
23	20	1095	Terry Verduijn	Berg en Dal	Man	03:40:45	00:07:58	00:07:58	00:08:06	00:09:02	00:08:50	00:08:54	00:09:13	00:09:15	00:09:53	00:10:18	00:11:04	00:10:55	00:11:03	00:11:11	00:11:33	00:11:44	00:12:04	00:12:06	00:11:55	00:12:50	00:11:38	00:11:24
24	21	1070	Geert-Jan Verduijn	Berg en Dal	Man	03:42:55	00:08:11	00:08:11	00:08:31	00:08:54	00:08:52	00:08:33	00:09:00	00:09:49	00:10:10	00:10:06	00:11:05	00:11:44	00:12:11	00:12:22	00:11:48	00:11:59	00:11:38	00:11:33	00:11:56	00:11:12	00:11:59	00:11:31
25	4	1099	Michelle van Stratum	Moerdijk	Vrouw	03:44:05	00:08:40	00:09:35	00:08:55	00:08:40	00:08:57	00:08:52	00:09:09	00:09:06	00:09:31	00:09:23	00:09:52	00:10:15	00:10:29	00:12:25	00:13:19	00:14:00	00:13:10	00:16:48	00:09:45	00:11:12	00:10:40	00:10:10
26	22	1089	Martin van Riesen	Hoogeveen	Man	03:47:23	00:08:28	00:08:28	00:08:47	00:09:10	00:09:35	00:09:30	00:09:28	00:09:39	00:10:28	00:09:51	00:10:03	00:10:28	00:10:56	00:11:36	00:11:35	00:11:52	00:12:30	00:12:59	00:12:57	00:12:53	00:12:54	
27	23	1098	Johan Hermans	Lanaken	Man	03:51:57	00:09:43	00:10:19	00:09:43	00:09:48	00:10:24	00:10:19	00:10:10	00:10:46	00:10:34	00:11:29	00:10:31	00:10:49	00:10:50	00:11:46	00:11:36	00:13:31	00:10:45	00:11:19	00:11:35	00:11:36	00:12:07	00:12:10
28	24	1103	Herman Geritz	Midlum	Man	04:01:04	00:09:38	00:09:38	00:09:38	00:10:27	00:10:24	00:10:44	00:10:26	00:10:53	00:10:48	00:11:11	00:10:50	00:11:15	00:12:27	00:11:32	00:12:23	00:12:27	00:12:41	00:13:06	00:12:48	00:12:54	00:12:28	00:12:15
29	5	1090	Susanne Bening	Voerendaal	Vrouw	04:01:44	00:07:37	00:07:37	00:08:22	00:08:26	00:08:37	00:08:35	00:08:32	00:08:52	00:08:38	00:08:58	00:09:10	00:09:27	00:09:59	00:09:48	00:12:16	00:22:13	00:10:46	00:12:39	00:13:05	00:14:57	00:30:20	00:10:35
30	25	1115	Patrick Schuffelers	Hoensbroek	Man	04:13:53	00:09:15	00:09:15	00:09:49	00:09:52	00:10:03	00:11:01	00:10:51	00:10:36	00:11:14	00:11:13	00:12:09	00:12:03	00:12:18	00:13:58	00:14:40	00:13:26	00:13:20	00:13:07	00:13:57	00:13:46	00:14:35	00:12:49
31	26	1101	Hilvert Oosterveld	Zwijndrecht	Man	04:17:57	00:10:02	00:10:02	00:10:21	00:11:22	00:10:19	00:11:00	00:12:02	00:10:25	00:13:47	00:11:03	00:12:03	00:14:41	00:11:10	00:11:37	00:12:57	00:11:37	00:13:13	00:12:34	00:13:09	00:15:44	00:14:29	00:14:31
32	6	1075	Astrid van Hout	Uden	Vrouw	04:25:04	00:10:35	00:11:17	00:11:05	00:10:57	00:10:40	00:10:59	00:10:35	00:11:01	00:11:14	00:11:28	00:11:28	00:12:12	00:12:13	00:12:28	00:14:06	00:14:32	00:14:26	00:15:04	00:15:05	00:16:36	00:14:07	00:13:39
33	7	1074	Astrid Kloosterman	Uden	Vrouw	04:25:04	00:10:32	00:11:21	00:11:02	00:10:58	00:10:43	00:10:57	00:10:32	00:11:01	00:11:15	00:11:28	00:11:31	00:12:08	00:12:14	00:12:33	00:14:17	00:14:38	00:14:12	00:14:57	00:15:11	00:16:32	00:14:09	00:13:35
34	8	1076	Jolijn Vlasveld	Heerlen	Vrouw	04:31:56	00:09:57	00:09:57	00:10:28	00:11:08	00:11:44	00:11:40	00:11:47	00:11:47	00:12:44	00:12:28	0											